

REPUBLIC REFERENDUM IN THREE YEARS

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On Saturday at Government House, a book of condolence was opened following the passing of Queen Elizabeth II. Their Excellencies Sir Rodney and Lady Sandra Williams were the first to sign, followed by Prime Minister Gaston Browne. The proclamation of accession of Charles III as King of the United Kingdom and 14 Realms, including Antigua and Barbuda, was also declared. **Story on page 3.**

Local News

Referendum on becoming a republic to be held in new ABLP term

Antiguans and Barbudans will once again have the opportunity to decide whether the nation should remove the British monarch as head of state and become a republic when another national referendum on the issue is held within the next three years.

That is the word from Prime Minister Gaston Browne who has indicated that this is among the issues a new Antigua and Barbuda Labour Party government will address when it wins the upcoming general elections.

Browne said this is an important constitutional question that must be placed before the electorate.

He added, however, that restating his government's position on the issue of republicanism was not an "act of hostility" on the part of his administration towards the Monarchy nor did it "represent any form of disrespect to the Monarch".

PM Browne's comments came in the wake of the death of Queen Elizabeth II, who served as head



of state of the UK and the Commonwealth of nations for 70 years.

Many observers have suggested that the Queen was the glue that kept the Commonwealth together and that her passing would likely signal an exodus of nations to republicanism instead of maintaining the British monarch as head of state.

"Many countries in the Caribbean have aspired to become republics and remove the Monarch as head of state and Antigua and Barbuda would like to become a republic; there is

still that ambition.

"I believe that early in our next term we should be in a position to put that constitutional question to the people to determine whether or not we transition from the Monarch as our head of state – King Charles – or whether or not we should have our own president, our own local Antiguan and Barbudan," he declared.

The prime minister said, however, that this decision lies with the people of Antigua and Barbuda by way of a referendum which is required under the country's constitution.














When the time comes, the prime minister said his government will be prepared to facilitate the referendum.

He added that he is "reasonably confident" that the ABLP will win the next general elections and will therefore oversee this process.

Last year, Barbados became a republic with the now monarch, King Charles representing his mother at the ceremony to mark the occasion.

Jamaica too has hinted that it will also hold a referendum to decide whether it will become a republic as well.

Antigua and Barbuda held a referendum in 2018 to decide whether it should do away with the United Kingdom-based Privy Council as its final court of appeal in favour of the Caribbean Court of Justice. That referendum was defeated.

Mon 12 Day		Mon 12 Night	
88°		80°	
14%  E 11 mph		13%  E 10 mph	
Mainly sunny. High 88F. Winds E at 10 to 15 mph.		Mostly clear skies. Low around 80F. Winds E at 5 to 10 mph.	
 Humidity 69%	 UV Index Extreme	 Humidity 78%	 UV Index 0 of 10
 Sunrise 5:55 am	 Sunset 6:11 pm	 Moonrise 8:00 pm	 Moonset 7:51 am
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Schedule for signing Book of Condolences announced

Government House has published a schedule for the signing of the Book of Condolences for those wishing to pay respect on the passing of Her Majesty Queen Elizabeth last week.

The Book of Condolences was officially opened on Saturday at Government House when Governor General of Antigua and Barbuda, Sir Rodney Williams and The Governor General's Goodwill Emissary Lady Williams, Prime Minister Gaston Browne, the British High Commissioner and The British Resident Commissioner, represented by Kadeem Joseph as both British officials are in the UK, took turns signing.



Today, the Leader of the Opposition, Jamale Pringle as well as former Governors-General and persons who have served as Deputy Gover-

nors-General will be afforded an opportunity to sign the book.

Tuesday has been designated for present and past Members of Parliament to visit Government House and to sign the book.

Members of the Cabinet will sign in the Cabinet Room on Wednesday followed by members of the diplomatic corps that afternoon.

This Thursday and Friday and next Monday - the day of the funeral - are set aside for Senior Government Officials, charities, the Halo Foundation Inc., Halo Gen Y, the Royal Commonwealth Society and other organisations under the patronage of the Governor General and his wife, along with members of the public.



APUA **ELECTRICITY** MAINTENANCE SCHEDULE

These planned outages are necessary for our continuous upgrade and maintenance programme to provide reliable and consistent service to our customers.

Monday, 12th September 2022	→	Tuesday, 13th September 2022	Wednesday, 14th September 2022
Section of Sir Sydney Walling Highway south of Transport Board near T's Tire and Maulvin's Trucking 8:30 AM - 11:30 AM	Grays Farm, Hatton, Kentish Rd, and Lower Ottos 8:30 AM - 11:45 AM	Section of Golden Grove extension 8:30 AM - 11:30 AM	Section of Herbert; going towards the junction of Potters and Sir Sydney Walling Highway 8:30 AM - 11:30 AM
Section of Cedar Grove south of the Playing Field 8:30 AM - 11:30 AM	—	Section of All Saints south of the Playing Field 8:30 AM - 11:30 AM	—

Kindly note that this schedule is subject to slight variation. Changes will be communicated on the APUA Facebook page. Any service disruptions outside of this schedule were not anticipated. For further information and updates please call 311.

Preparations for general elections begin

Preparations are now underway for general elections which are constitutionally due by March next year.

The Antigua and Barbuda Electoral Commission (ABEC) - the agency responsible for organising and managing all elections in the country - has begun to prepare for elections which the prime minister has the authority to call at any time between now and March.

ABEC is currently conducting a training programme for individuals who have applied to serve as Returning Officers in each of the seventeen constituencies.

The more than twenty persons who have applied to be Returning Officers will undergo rigorous training which will prepare them for the serious task of managing the elections across the country's 17 constituencies.

The programme began late Friday afternoon, how-

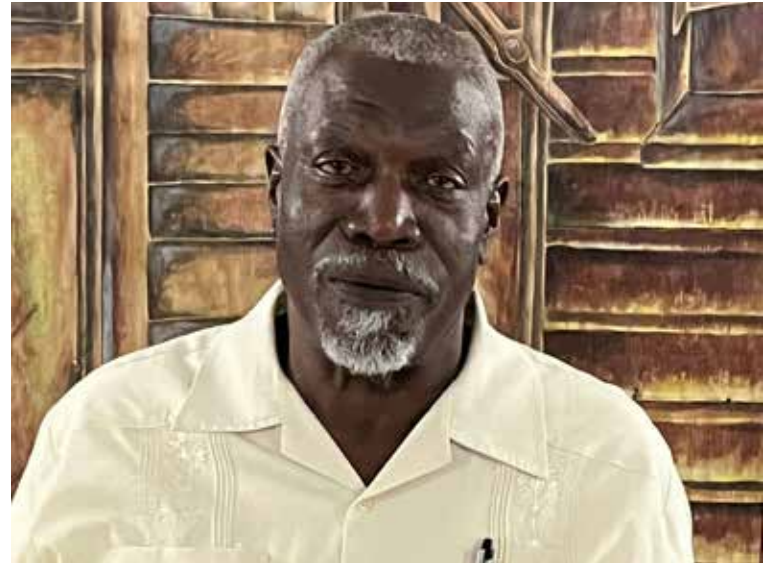
ever, the training session will begin today at the Environment Division's conference room.

ABEC's Chairman, John Jarvis, told the trainees that the work of the Returning Officer is critical to the conduct of a fair and well managed general elections.

"I want to emphasise the point that as Returning Officers, your job, your role, is exceedingly critical to the democracy of Antigua and Barbuda.

"I have had the opportunity to see in some jurisdictions Returning Officers spoil a seemingly good election which in the end causes chaos and confusion. I have also seen situations where when the pressure gets intense, Returning Officers 'buckle' under the strain," he noted.

According to Jarvis, even here in Antigua and Barbuda, he has seen people collapse under the weight of the responsibilities and the



Chairman of ABEC, John Jarvis

intense pressure.

"However, I would hasten to add that in spite of this, we in Antigua and Barbuda have been blessed with excellent Returning Officers," he stated.

The ABEC chair said he feels comfortable making this statement because of his many years working as an observer in regional and international elections.

"I can say without fear of contradiction that our returning officers are the best in the region," Jarvis declared.

ABEC's Human Resources Manager, Ian Hughes, who is conducting the training sessions, explained what the sessions, which will run for the rest of the week, entail.

"Returning Officers play a critical role in the election process. You are responsible for the competent administration of the election in your constituency in a completely non-partisan way, and in accordance with

the guidelines of the Representation of the People (Amendment) Act.

"You interact with electors, political representatives and candidates, and along with your team, will generate confidence in the fair, transparent, and impartial conduction of the electoral process," he explained.

He provided further details of what is expected of Returning Officers.

"The aim of this training workshop is to provide you with a clear understanding of, but not limited to the following:

- Key election tasks to be carried out before, during and after the elections
- Nomination Day procedures
- Statutory Duties on Election Day
- The vote count, Declaration of Results and submission of Returns and
- Instructions in conducting training sessions for Presiding Officers, Poll Clerks and Agents."



ABEC's Human Resources Manager, Ian Hughes

Fort James Reverse Osmosis Plant commissioned

With the addition of 500,000 gallons of potable water from the Fort James Reverse Osmosis plant, the country's daily water supply has risen to 7 million gallons.

The plant was finally turned over last Friday after a five month wait for construction, which began in April this year to be completed.

The project was executed at a cost of over EC\$160 million.

Last Thursday during the post-Cabinet Press Briefing, Ambassador Lionel Hurst said, "Residents in nearby communities like Yorks, Fort Road, Villa, Point, the City of St. John's, the Heritage Quay piers, and surrounding areas have reported an increased water supply around the clock and applaud



The Fort James Reverse Osmosis Plant [Photo: APUA]

the APUA."

Ambassador Hurst did add that the increased water pressure has exposed,

and in some instances, created new leaks in the old pipe infrastructure,
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Local News



Education ministry welcomes teaching applications from Mandarin speakers

Persons living in Antigua and Barbuda who are interested in teaching Mandarin as a foreign language in schools are being encouraged to apply to the Ministry of Education and Sports.

Director of Education, Clare Browne, made the call last Thursday during the presentation of the report on Antigua and Barbuda's 2022 Caribbean Secondary Education Certificate (CSEC) results.

"Several persons here in Antigua and Barbuda would have studied in China...and if they are interested in offering themselves to be a teacher of Mandarin in any of the schools, feel free to apply. We would love to take Mandarin to other schools," Browne said.

At present, the only Mandarin programme offered in the public school system takes place at the Sir Novelle Richards Academy where its introduction was piloted.

Due to the lack of Mandarin teachers, however, this subject has not been



expanded to other schools. This, in part, is due to the fact that Mandarin is not a part of the CSEC curriculum, but this is not a major factor, according to Browne, regarding the decision not to offer Mandarin in other public schools.

"The intention is to spread to as many of our secondary schools as we can, resources permitting. We have to have Mandarin teachers to spread across all the thirteen public secondary schools that we have.

"At this time, we have not had - at least I do not know of - any application that has come before us

for teaching Mandarin," he said.

Browne revealed that discussions are underway to officially implement a programme at the Glanvilles Secondary School as they have already had a few classes in partnership with another institution.

Last year, CEO of the Caribbean Examinations Council (CXC) Dr. Wayne Wesley hinted at plans for the inclusion of Mandarin across the region.

French and Spanish are the two main modern languages offered on the CSEC curriculum, but in 2017, 65 students from Barbados

and Guyana registered to sit Portuguese when it was offered for the first time.

In 2013, Guyana became the first country to have Portuguese taught in secondary schools.

The interest around the region to expand the modern languages offered as part of the CXC syllabus has been heightened in recent years with many, including Barbados and Jamaica moving to include Mandarin on their curricula at either the secondary or tertiary level.

Mandarin is a group of Sinitic ("Chinese") languages and dialects that are natively spoken across most of northern and southwestern China.

Mandarin is by far the largest of the many Chinese dialect groups as it is spoken by 70 percent of all Chinese speakers over a large geographical area that stretches from Yunnan in the southwest to Xinjiang in the northwest and Heilongjiang in the northeast.

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however, the Antigua Public Utilities Authority is working to rectify this issue.

On Friday, meanwhile, Minister of Public Utilities, Civil Aviation, and Energy, Sir Robin Yearwood said, "I am a happy man," as he praised Prime Minister Gaston Browne's leadership and "for his support in putting the plant into operation".

"We cannot let the people of Antigua and Barbuda down," Sir Robin stated.

"The plant is on now and it is not coming off again."

Also speaking at the plant's commissioning was APUA's Water Business Unit Manager, Ian Lewis.

"Customers can rest assured that the water from the facility is chlorinated, safe to drink, and of very high quality at this time. I am quite pleased with the plant's progress to date; it has been a long journey, but we have made it," he concluded.

Ministry of Health to review SLBMC Emergency Room operations

The Ministry of Health, Wellness and the Environment will undertake a review of the operations of the Emergency Room at the Sir Lester Bird Medical Centre (SLBMC) to improve its efficiency and reduce patients' waiting time.

This follows continued complaints from patients visiting the ER about long waits at the medical facility before receiving medical attention.

Health Minister, Sir Molwyn Joseph, made the commitment to the Cabinet that his ministry will implement measures to reduce wait times and to improve the overall efficiency of the Emergency Room.

Sir Molwyn explained part of the issue stems from the need for more medical personnel which is com-



pounded by the fact that many people who show up to the emergency room are in need of "urgent care" and not "emergency care".

He said that the Director of the SLBMC surveyed several patients who sought treatment at the

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Country Above Self: The danger of the devolution of political discourse

In political parties' quest to win office, political campaigns can at times become acrimonious and heated. Despite this reality, the emphasis should remain centred on the problems affecting the country's people. Unfortunately, this often is not the case and the discourse digresses and degrades to involve personal attacks between the contenders.

In the political atmosphere of the Caribbean, it is not uncommon to witness brutal and degrading attacks take place between politicians. This often spills over to include ordinary members of the public who may come into the spotlight because of their political views.

Pointe Xpress talked to several leaders about the value of staying focused on the issues and refraining from denigrating attacks.

According to Gail Chris-



tian, a senator in the Upper House of Parliament, there should be no room for acrimony and conflict if Antigua and Barbuda and its people are prioritised. She believes the misplaced energy used to engage in this behaviour would be better spent concentrating on developing policies that advance and improve the nation.

This behaviour, according to her, "Only supports the tearing down and dragging down of one's opponent."

If the politicians' goal, she continued, is to "put the people of this country first" there would be no room for this to occur.

"There is no need to degrade another person's char-

acter," she said. "When you start getting personal, you move or veer away from what is in Antigua and Barbuda's best interest."

Rolston Jeffrey, President of Antigua and Barbuda Evangelical Alliance, concurred with Senator Christian.

"We live in a Caribbean society where people attack other people rather than confront concerns and this shouldn't be," he asserted.

He went on that it is crucial to address and resolve issues that arise rather than use them as a political tool to advance oneself.

"Issues are what govern our actions. Addressing issues, whether they are right or wrong, leads us to a place of awareness, and only when we reach a place of knowledge can we create lasting solutions that will benefit everyone," he said.

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ER over a fixed period. They were able to conclude, based on this analysis, that less than 50 percent of the patients who came to the hospital could be categorised as "emergencies", but were in need, rather, of "urgent care".

SLBMC is therefore planning to increase the number of doctors and nurses assigned to the Emergency Room and which will help facilitate a quick determination of which category of care the patients fall into and provide treatment accordingly.

Last Thursday, Chief of Staff in the Office of the Prime Minister, Lionel Hurst, said the long-term plan involves increas-

ing the number of staff at the polyclinics across the country which will allow them to treat patients who need urgent care.

"What we are hoping to ensure is for the polyclinics that have been recently built, or those that existed before, to be staffed with sufficient doctors and nurses to allow for around the clock operation.

What that means is that it won't be necessary to go to the Emergency Room at the SLBMC, but to the polyclinics for 'urgent care' when that is what is really required," he explained.

He emphasised that this new arrangement will depend on the availability of sufficient doctors and nurses as well as the government's ability to hire them.

Men's Secret Scars: Rise in abuse against men in Antigua & Barbuda

By Shahein Fitzpatrick

The struggle against gender-based violence (GBV) was highlighted by Jamie Sanders, Director of the Department of Gender Affairs, who noted that many men in Antigua and Barbuda are also victims.

According to Sanders, the two most significant struggles in combating GBV are the facts that it is a sensitive subject that people tend to avoid and the myth that only women are mistreated.

Gender-based violence is the term for violence committed against someone because of their gender.

Its roots are in detrimental norms: power abuse, and gender inequity and it remains a significant human rights issue that threatens both health and safety.

Sanders continued, "Many guys aren't coming out about being abused in relationships because of many reasons that have to do with the male's ego and the expectation of society to be strong.

"Yes, women are more prone to relationship abuse, but many males are also hurt," he revealed.

"Many women verbally abuse their men, and occasionally, instead of leaving, the man fails to control his pent-up anger and this causes them to become constricted and even destruc-



tive."

The Department of Gender Affairs has received 60 requests for help in 2022. In Antigua and Barbuda, more than 90 percent of that figure is related to gender-based violence against women.

He said that the 10 percent of males who experienced abuse this year is a significant percentage compared to previous data, and we must pay close attention to men's health.

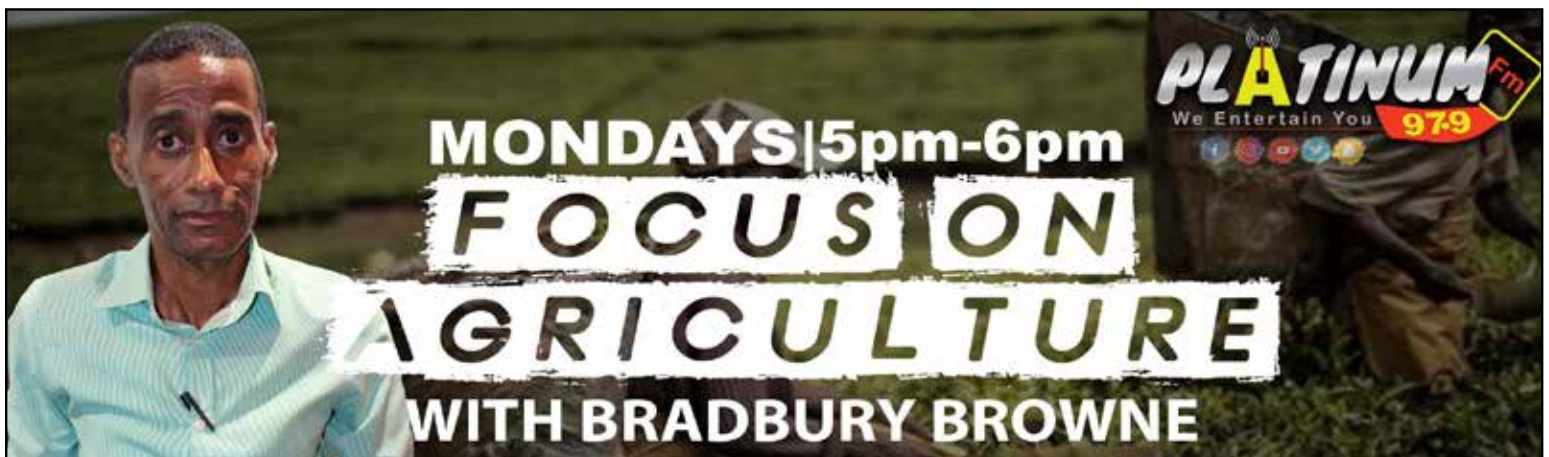
For many men who feel mistreated and don't know how to deal with and appropriately process their emotions,

coming out will not be a straightforward experience, according to Sanders.

He claims, "Many men are unable to verbalise what they feel, and they are ill-equipped on how to ask for a change in their partner's behaviour, which is harmful to their relationships and mental health as a whole."

A helping hand is one phone call away for both men and women who require counselling and support.

Call the Office of the Directorate of Gender Affairs at 268-560-5207 if you, or a loved one, is suffering.



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Opinion



Down to Trump!

By Tony Deyal

I almost got cardiac arrest. First, it was knowing that on the street where I lived in my youth, armed bandits demanded money from what used to be “Chin shop”. More than sixty years ago we played cards under the street lamp a few yards from the shop and all we feared was a police raid.

Actually, my first cardiac arrest almost happened when the police armed with what we call “bull-pes-tles” raided I ran into what was known in those days as “Cassava Alley”, flew up the steps of Mrs. Pussin’s house and she made me sit down at her table with her two young grandchildren, put a cup of tea and a piece of bread in front of me, and told me, “They can’t do you nothing. You here to teach the children English.”

The second cardiac came when a few minutes ago I thought that, for a change, I would write about the games people play including cards, dominoes, and more important in day-to-day life, the strategies we use to get what we want from others.

I made the mistake of starting with the game “All Fours” which goes back to the 19th century and is still popular in Trinidad and other places where Trinis live and gather. One of the interesting highlights of the game is “Kicking Trump” so it might have been banned in the US if the gentleman of that name had got a second chance.

I did a quick search for (and not on) “All Fours” and found, “In the beginning man walked on all fours. Then he met woman. And ever since he has walked erect.”

That was definitely not the all-fours I grew up with or on, and then after reading a constant stream of “This joke may contain profanity”, I

tried a different tactic. I searched for a situation that is known as “Down to trump” when an entire suit is nominated as “trump” and outrank the other cards. In general use, it means any sort of action or policy which prevails over all others.

As a Bridge player and columnist, I love the idea of a game where No Trump is worth more than any Trump, and Seven No Trumps is the highest you can reach. Maybe the Democrats should start up a Bridge school before the next election.

So I asked “Google” for “Down to trump” and got pure, unadulterated, never ending Donald Trump.

There were a few I liked. Did you hear that the US bobsled team put Donald Trump’s picture on the front of the sled? Apparently nobody else can make America go downhill faster. How does a Trump supporter explain why he cannot perform in bed? Erection fraud. This then took me to a Vanity Fair article of October 18, 2021, which started with, “Earlier this year Donald Trump announced to a room full of Republican donors that his sexual kinks do not involved being peed upon.

Why did he do this? Had someone in the audience raised their hand during a Q&A session and asked, ‘I was just wondering do you enjoy having women pee on you?’ According to a report from The Washington Post, the ex-president offered the information totally unprompted, which, it has to be said, is a very odd thing to do if you’re trying to assure people you don’t enjoy being treated like a toilet.”

Behind the story there is a rumour of a tape of Donald Trump, around 2013, “employing a gaggle of prostitutes to perform a golden shower for



Tony Deyal

him on a Moscow hotel-room bed.” The reason I find the story credible is that in October 2016, just before the presidential election, Michael Cohen, Trump’s lawyer at the time, arranged a payment of \$130,000 to adult film actress Stormy Daniels to stop her disclosing an affair she alleged that she and Trump had in 2006.

What made it even more believable is a “New York Daily News” headline claiming “Stormy Daniels and Melania Trump accuse each other of being a hooker.” In fact, according to the News, “After hearing audio of Melania Trump seeming to call her a hooker, porn star Stormy Daniels accused the first lady of being the one who has sex for money.”

Having dealt with the “pros”, I decided to look at the “cons” which, according to some people, is a group Mr. Trump already heads.

“The 6 essential cons that define Trumps success” by Investigative journalist, Jonathan Greenberg in the Washington Post include, “To borrow billions, Trump lies to inflate his net worth; To avoid taxes, Trump lies to deflate his net worth; To be a winner, Trump makes losers of those he does business with; To win in poli-

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tics, Trump makes voters believe that his presidency benefits them; To avoid accountability, Trump makes the media, and truth, the “enemy of the people”; and, to stoke fear, Trump recasts perpetrators as victims.”

In an article “Is Trump the Greatest Conman of All Time?” poet and author, Jay Sizemore, writes, “Donald Trump’s success as a con artist may be unrivaled.

“There are many conman success stories throughout history, but few who have been able to sustain their gifts for as long as Trump has managed, and among them, only Donald Trump can claim to have

risen to the most powerful role of leadership in the free world.

“He was elected to the office of President of the United States despite all known examples of his character, utilizing only his celebrity status and a list of empty promises, having a grand sum of absolutely zero political experience or expertise.

“A successful con if ever there was one. Trump has had a long history of defrauding people out of money, a habit that has had him brought to court over four thousand times... The more you dig into the Trump name, the more dirt, corruption, greed, and examples of audacious fraud

you are apt to find.”

Yet despite the pros and cons, Trump still not only has many allies but also tells a lot of them. CNN in “The 15 most notable lies of Donald Trump’s presidency” includes what is considered “The most telling lie: It didn’t rain on his inauguration.” It did and, like his leadership and presidency, got worse. It poured. CNN says that Trump’s most dangerous lie was that CORONAVIRUS was under control and the most ridiculous subject of a lie was the Boy Scouts.

Trump boasted that “the head of the Boy Scouts” had called him to say that a speech Trump made at the Scouts National Jamboree

was “the greatest speech ever made to them.”

This never happened. Obviously Trump was up to his usual scouting for plaudits. If there are any pros in this lie-centious tale it is what CNN considers “The most traditional big lie: Trump didn’t know about the payment to Stormy Daniels.” Of course the most depressing lie at the time was that Trump won the election and worse, that he might be the GOP candidate in 2024.

**Tony Deyal was last seen saying that unlike Trump, male leaders in the Caribbean don’t have any stormy public reactions to their womanising. It is always weather for leather.*



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Parham youth missionary impacting the world

By Shahein Fitzpatrick

A young Antiguan and Barbudan missionary discusses his perspective on his origins in contrast to the many other cultures he has encountered.

From the Antiguan community of Parham, Jeffery Edwards has been working with the missionary organisation, Island Breeze, which is part of Youth With A Mission (YWAM) located in Kansas City, Missouri.

The group combines coordinated dance, singing, and theatrical performances with themes from the Pacific islands of Hawaii, Fiji, and New Zealand to spread the gospel, "So that our listeners might relate to God," Edwards stated.

"We would communicate the cultural practices of the Pacific Islands, as well as their stories and folklore."

Edwards claimed that he has a solid desire to live a fully engaged life by engaging himself in God's will.

This inner drive propelled him to seek God via various training courses, which allowed him to meet other



like-minded Christians and inspired his decision to become a missionary.

The Pacific Islanders, he said, are family-oriented, and their daily lives show their unity with God, themselves, their communities, and one another.

He compared theirs to life in An-

tigua and Barbuda, saying, "They see everything as one."

He explained that their entire way of life, and all they do, is intertwined with their ministry activities.

He continued, "Nothing is ever divided; they all live, breathe, eat, sleep, and teach in the same manner."

In addition to numerous US states, Jeffrey and his crew have visited South Africa, England, Denmark, Germany, Switzerland, and various Caribbean nations. His work has also touched Antigua and Barbuda, where YWAM participated in the local edition of the "Impact World" outreach event in November 2019.

"Every culture, no matter where it is—in Antigua, Hawaii, or any other nation—has some God-given distinction that may be unmatched anywhere in the globe," said Jeffrey, who added that this was an essential lesson that he has learnt since beginning his missionary work in 2019.



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The Way We Think



The biggest myths of the teenage brain

By David Robson

Our brain changes hugely during adolescence. New research shows how we can use this transformation to help teens achieve their potential.

Terri Apter, a psychologist, still remembers the time she explained to an 18-year-old how the teenage brain works: "So that's why I feel like my head's exploding!" the teen replied, with pleasure.

Parents and teachers of teens may recognise that sensation of dealing with a highly combustible mind. The teenage years can feel like a shocking transformation – a turning inside out of the mind and soul that renders the person unrecognisable from the child they once were. There's the hard-to-control mood swings, identity crises and the hunger for social approval, a newfound taste for risk and adventure, and a seemingly complete inability to think about the future repercussions of their actions.

In the midst of this confusion, adolescents are consistently assessed for their academic potential – with ramifications that can last a lifetime. No one's fate is sealed at 18 – but an impeccable school record will certainly make it far easier to find a place at a prestigious



The teenage years can be a time of huge intellectual growth, but also, intense academic pressure (Credit: Getty Images)

university, which will in turn widen your options for employment. Yet the emotional rollercoaster of those years can make it extremely difficult for teens to reach their intellectual potential.

It is only within the past two decades or so that scientists have been able to chart the neural changes across this core period of development, and decode the mysteries of the teenage brain.

These exciting new insights not only help explain why teens feel and act the way they do. They also show that some of the traits that adults tend to find difficult or baffling in teen-

agers can be turned into a strength, and used to acquire skills and insights at a time when the brain is still malleable.

After all, adolescence is also a time of various cognitive leaps. Teens are building on the basics they had learnt as young children to develop sophisticated and mature ways of thinking, including more abstract reasoning and a more nuanced "theory of mind".

"Fifty years ago, in schools, it would not have been seen as necessary for students to know about puberty," John Coleman, a clinical psychologist and author of *The Teacher and*

the *Teenage Brain*. "And I think in 20 or 30 years, we'll be asking why we weren't helping students to understand what's going on in their brains. It can make a real difference."

Understanding the teenage brain

It is no wonder that many teens, throughout history, have complained of feeling misunderstood. Our traditional explanations for adolescent behaviour have been frustratingly crude. Their risk-taking, rebelliousness, impulsivity and general irritability can be so easily blamed on things like ignorance and immaturity,

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or their "raging" hormones and increased sex drive.

Often their complaints of emotional anguish simply invite ridicule. As the neuroscientist Sarah-Jayne Blakemore, author of *Inventing Ourselves: The Secret Life of the Teenage Brain*, recently put it: "It is not socially acceptable to mock and demonise other sectors of society... But it is, strangely, acceptable to mock and demonise teenagers."

Even the more scientific theories had painted a rather unsympathetic picture of teenage life that will have only added to their sense of alienation. In the 50s, for example, the psychoanalyst Anna Freud proposed that teens are attempting to "divorce" their parents, cutting their ties to the family so that they can move on with their lives. The idea was that "the teen was working to oust the parent from their internal furniture," says Apter, the psychologist and author of *The Teen Interpreter: A Guide to the Challenges and Joys of Raising Adolescents*.

While these previous explanations may have a grain of truth, they fail to consider the nuances of most teens' experiences. Apter's interviews with teens and their parents suggest that adolescents often desperately crave the approval and acceptance of their parents. So, while they certainly do want independence, it is not at any cost. Such observa-

tions aren't very compatible with the divorce theory.

If we are to help teens, Apter argues that we need to pay closer attention to the subtleties of what adolescents are actually going through – including the enormous social challenges that they are navigating. That necessarily includes a recognition of the embarrassment that may arise from the physical changes to the body, and the shifting social expectations placed on them. In such cases, they can start to feel alien to

themselves.

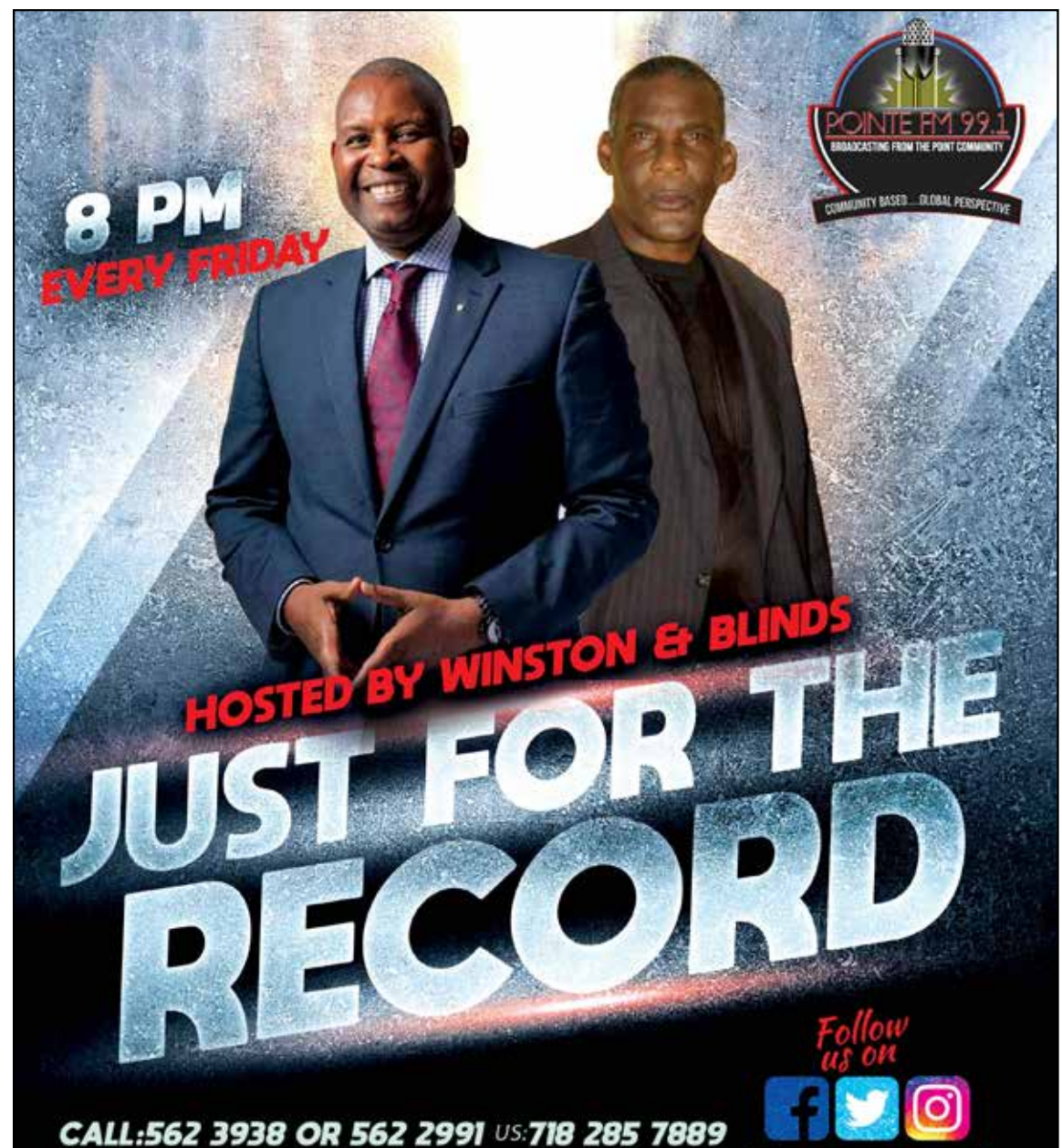
At the same time, we need to acknowledge the anatomical changes that are occurring within the brain. With the invention of functional MRI scans, scientists can now peek inside this "black box" throughout the lifespan.

Early childhood is, of course, the period of greatest change. In the first few months of life, the brain builds many connections between neurons, before pruning back the redundant neural pathways, which al-

lows for more efficient networks. This innate "plasticity" means the young child's brain is particularly malleable, allowing them to go from a bawling baby to a walking, talking toddler.

In many areas of the brain – such as those involved in sensory processing – these networks tend to stabilise long before adolescence, which makes it harder to learn certain perceptual or motor skills, such as language or music, after the early "sensitive period".

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The Way We Think

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The frontal cortex shows a different trajectory, however, and it continues to build and then prune networks throughout puberty and adolescence and into early adulthood. In the frontal and parietal lobes, the brain also reinforces the most important connections by adding a fatty insulating sheath – known as myelin – which improves the transmission of signals. In brain scans, this shows up as a noticeable increase in "white matter" over adolescence.

These developing areas are important for a host of skills, including emotional regulation, maintaining attention, problem solving and abstract reasoning.

While teen brains may have already lost some of the malleability of early childhood, this continued development means that they are still very sensitive to intellectual stimulation with a huge capacity for learning.

This allows them to build on the academic skills and knowledge that they had started to develop in childhood and develop more sophisticated ways of experiencing the world.

Unfortunately, the neurological and psychological changes taking place may sometimes feel overwhelming, a fact that can go a long way to explaining some of the behaviours that cause so much disruption at school and at home.

Rebels with a cause

Consider teens' famous



Teenagers are famous for their love of risk – but this can also make them open to positive new experiences (Credit: Getty Images)

risk-taking, rule-breaking and general rebelliousness.

Brain imaging studies show that the regions of the brain associated with reward generally develop more quickly than those associated with inhibition and self-control. On average, they have greater activity in their dopamine signalling – a neurotransmitter associated with pleasure and curiosity – compared to both adults and younger children, with bigger spikes when they experience something that is novel or exciting.

In this light, it's little wonder that teens are more likely to be tempted to try new experiences. One consequence may be impulsive and risky decision making, but this curiosity might

bring advantages too: teens can test lots of different experiences which may be useful to guide their personal decisions as an adult. (Rushing into an unsuitable romance might help them to learn what kind of partner would suit them better, for example.)

Interestingly, data suggests that teens today may not be so easily tempted by the sex, drugs and rock 'n' roll of years before, but their generally more open-minded attitude will still be evident in many other areas of their lives, such as their fascination with new technology.

Teens' dogged pursuit of their own interests – and their disregard for authority – can even help to fuel

technological, social and political change. "You have a new generation that's going to explore boundaries – you have a great deal of inventiveness and adventurousness and creativity," says Apter.

For parents and teachers who would prefer that the teens in their care spend more time studying, this may be frustrating. But when channelled towards meaningful causes, this fearless energy can help invigorate the rest of society, for example when it comes to tackling climate change or other global issues. Teenagers and young adults have even bravely fought dictatorships, while older generations acquiesced.

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Mood swings

Teens' mood swings can be similarly explained by the interplay of physiological and psychological processes associated with maturation. For one thing, many teens have greater fluctuations in neurotransmitters and hormones such as serotonin, GABA and cortisol – all of which can modify their mood.

"If you take serotonin, it's the 'feel-good hormone' – and when it's down you're going to get a very low mood," says Coleman.

Teens are also experiencing increased activity in the medial pre-frontal cortex, which is involved in processing and responding to other people. Research shows that activity in brain areas related to self-evaluation tends to peak during mid-adolescence, especially for information related to status.

This ability to understand social interactions and networks is incredibly important in the formation of teens' friendships, but it may mean that they are especially sensitive to slights and signs of hostility, increasing their susceptibility to social anxiety.

Parents of teens may be surprised at how long they can spend pondering their own feelings. This is partly because they haven't yet learnt how to interpret them and respond constructively. It's so much harder to process a disappointment over an exam result, say, if you've never faced a serious failure before.

When teens appear to be "over-dramatic", they're simply learning to navigate the complexities of their emotional world by themselves – skills that will be essential in later life.

Sleepy heads

Last, but not least, there's teens' famous lethargy. This is often mistaken for laziness or apathy, or a stubborn refusal to go to bed at a "reasonable time" (another example of their fa-

mous rebelliousness). In truth it is beyond their control; their body clocks are programmed in a way that is simply out of sync with adults' rhythms.

We feel sleepy when levels of melatonin rise in the brain at night – and, in the morning, we will wake up feeling alert once it has dropped below a certain level.

For teens, melatonin simply rises and falls later in the day than adults – meaning that they will feel alert and active when their parents are ready to hit the hay, and tired and drowsy in the early morning, when their parents may have already been up for hours.

"Virtually no adults will have melatonin left in their brains at nine o'clock in the morning," says Coleman, "but around half of teenagers do."

Tapping the brain's 'reward circuits'

All of these findings should be of serious interest for parents and teachers hoping to guide teens through life's challenges, including the demands of school – which plays such a central role in the adolescent years. These lessons may be particularly important now, as teens learn to adjust to their normal life after the stresses of the pandemic.

Consider discipline. It is natural to feel frustrated with teen rebelliousness – but their extreme emotional and social sensitivity means that they are unlikely to respond well to anger. "Even though it's very tempting to shout, it's really counter-productive," says Apter. "They are so alert to the emotional message that they won't be able to hear any of the logic you're trying to impart."

For more effective discipline, Apter suggests asking the teen to make amends for their actions. If the teen has been neglecting their studies by partying too hard, parents might emphasise how they can earn their right to socialise by proving that their studies are now under control – rather than

simply calling them lazy, or grounding them.

Given the increased dopamine activity in teens' reward circuits, praise and positive feedback should also help, especially if they are offered quickly. In many schools, students receive their grades weeks after completing their tests or coursework – which, Coleman believes, reduces the excitement and satisfaction of a good result.

"The faster you get feedback, the more impact it has," he says. Simply shortening that process, and offering more opportunities to praise students for their hard work, could therefore pay dividends, Coleman says.

Then there's the question of sleep. Ideally, schools would change their schedules so teens could start their lessons later, and they should avoid giving tests in the first half of the morning.

"I feel very strongly that schools have to start thinking about this," says Coleman. At the very least, teachers and parents should give teens some slack when they seem drowsy in the morning. They are experiencing something akin to jet-lag – and the last thing they need is more stress to add to their burden.

When it comes to the act of studying itself, Coleman believes that many students could benefit from better knowledge of successful learning techniques.

Rather than simply passively re-reading passages before an exam, attempts to actively re-generate the material from memory – by, say, summarising what they have just learnt or trying to answer fresh questions on the topic – tend to be more successful. This kind of meaningful engagement would make the most of teens' brains' malleability, and their capacity to soak up facts and process complex information – as long as they find it interesting.

Regional News



Thieves dressed as security guards carry out multi-million-dollar robbery in Guyana

CMC – The Guyana Telephone and Telegraph Company (GTT) has “apologised for any inconvenience caused” after thieves dressed as security guards on Thursday night stole nearly GUY\$20 million (One Guyana dollar=US\$0.004 cents) in cash and checks from one of its stores.

In a statement, GTT said all its team members have been accounted for and it “would continue to provide support to them through our HR Employee Experience.”

The telecom company said the police and its own investigative teams are probing the robbery that media reports said was carried out by the thieves pretending to be from a security service that usually uplifts the



GTT’s earnings.

“The employee said that herself along with five other staff members were on duty at the GTT booth, when the two suspects, wearing face masks fully dressed in the said security uniforms, approached her, and checked the bags with the cash as per normal.

“One of the suspects then went outside to the oth-

er staff members and brandished a handgun at them. They were instructed to ‘get on the floor to which they complied. The other suspect who was in the supervisor’s room took out a handgun from the waist of his pants and told a supervisor to go on the floor, which she did,” police said.

The authorities said the bandits stole

GUY\$13,420,487 in cash and GUY\$6,015,524 in cheques from the telecoms company’s branch at Giftland Mall, Liliendaal, East Coast Demerara.

Police said the suspects placed duct tape on the hands and mouths of the GTT staffers and locked them in the booth.

“The perpetrators then took the said cash mentioned, exited through a back door, made their way into the Giftland parking lot and entered a white old model Raum (number unknown) and made good their escape heading east on the Railway Embankment,” police said.

Police added that staff members managed to free themselves and an alarm was raised.

Educators to be trained to help students overcome losses occasioned by COVID-19

CMC – The Barbados-based Caribbean Development Bank (CDB) is collaborating with the Caribbean Community (CARICOM) Secretariat, and the Organisation of Eastern Caribbean States (OECS) Commission to facilitate the training of approximately 15,000 educators in skills to assist their students to overcome the learning losses occasioned by the coronavirus (COVID-19) pandemic.

The capacity-building course is designed to support educators with the implementation of the CDB/

CARICOM/OECS Learning Recovery and Enhancement Program (Let’s REAP), which is expected to begin the first week in October.

The program will improve the competencies of five cohorts of educators in three modules over two years.

Upon successful completion, participants will receive a certificate from the University of the West Indies (UWI) Joint Boards of Teacher Education. The program targets educators from all CARICOM member states and associate members



The 45-hour course will focus on three core components of Let’s REAP: Leadership and Accountability, Assessment and Differentiated Instruction, and Communities of Practice (CoP).

In Leadership and Accountability, educational leaders are expected to garner knowledge on creating enabling and conducive conditions for learning as well as

cont’d on pg 19

US providing additional funds to the Caribbean

CMC – The United States is providing an additional US\$22.8 million in new funding this year to support Caribbean regional development goals related to climate resilience, youth security, information and communication technology, private sector engagement, and health.

The funding, through the United States Agency for International Development (USAID), includes US\$10 million to combat food insecurity in the Caribbean to support priority areas identified by CARICOM under President Biden's Caribbean Zero Hunger Plan.

The announcement coincides with the joint USAID and Caribbean Community (CARICOM) annual review of mutual objectives and priorities concluded on September 1.

In 2021, USAID announced its 2020-2025 Regional Development Cooperation Strategy (RDSCS) focused on promoting ac-

countable institutions, economic development, and private sector-led growth.

"The annual review speaks to the importance of CARICOM as a strategic partner on development issues and how highly the United States values the CARICOM and member states commitment to democracy in the Caribbean region," said U.S. Ambassador to Guyana, Sarah-Ann Lynch.

Lynch noted several of the same issues, energy, food security, and finance were raised at the Summit of the Americas, and global climate concerns also were discussed at the Partnership to Address the Climate Crisis 2030.

CARICOM Deputy Secretary General, Dr. Armstrong Alexis, said "CARICOM is pleased to have USAID as a partner.

"USAID's support for the CARICOM 25 by 2025 agenda is an important step to achieving food security



U.S. Ambassador to Guyana, Sarah-Ann Lynch watches as CARICOM Secretary General Dr. Carla Barnett (Right) and US-AID Regional Representative for the Eastern and Southern Caribbean, Clinton D. White, sign agreement (US Embassy photo)

in the region and building a stronger and more vibrant Caribbean for all," he added.

USAID Regional Representative for the Eastern and Southern Caribbean, Clinton D. White, reaffirmed USAID's commitment to long-term development, economic recovery, and support to climate change, and food security through this signing of our amended agreement.

He also noted how the CARICOM Secretariat and USAID's partnership will

continue to prioritise the prosperity of the Caribbean and its people.

"The only way that we can achieve our objectives and goals is through a more inclusive development approach.

"That is why USAID and the CARICOM Secretariat value these engagements to continuously evaluate needs, priorities, and remind ourselves of our moral obligations to achieve locally led regional goals," White said.

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distributive leadership and accountability in a school setting.

Under the Assessment and Differentiated Instruction Module, educators are expected to learn how to develop and analyse diagnostic and other forms of formative assessments, use the assessments to effectively tailor lessons to the individual learning needs of each student, and develop competence in differentiating instruction to ensure each learner succeeds.

The CoP module is expected to train school leaders and teachers on how to

coordinate teamwork and collaboration, in school and virtual environments, to improve teaching-learning.

The course is being delivered online and will seek to model how communities of practices are implemented by equipping participants with tools to form online learning communities to support each other as they hone their skills in leadership, accountability, and assessment for learning.

The CDB/ CARICOM/OECS Let's REAP for Caribbean Schools Program was developed in response to the learning loss occasioned by disruptions to

schooling due to the COVID-19 pandemic.

Research has shown that education gaps have widened between high-performing and low-performing students, especially for those with low socioeconomic status, and those who have special educational needs or a disability.

Let's REAP, which was launched in July 2021 with input from the CARICOM Regional Network of Planning Officers, the Caribbean Union of Teachers, the Caribbean Association for Principals of Secondary Schools, and the Caribbean Examinations Council.

Queen Elizabeth II's coffin takes long road through Scotland

AP - In a sombre, regal procession, Queen Elizabeth II's flag-draped coffin was driven slowly through the Scottish countryside Sunday from her beloved Balmoral Castle to the Scottish capital of Edinburgh. Mourners packed city streets and highway bridges or lined rural roads with cars and tractors to take part in a historic goodbye to the monarch who had reigned for 70 years.

The hearse drove past piles of bouquets and other tributes as it led a seven-car cortege from Balmoral, where the queen died Thursday at 96, for a six-hour trip through Scottish towns to Holyroodhouse palace in Edinburgh. The late queen's coffin was draped in the Royal Standard for Scotland and topped with a wreath made of flowers from the estate, including sweet peas, one of the queen's favourites.

The procession was a huge event for Scotland as the U.K. takes days to mourn its longest-reigning monarch, the only one most Britons have ever known. People turned out hours early to grab a space by the police barricades in Edinburgh. By afternoon, the crowds were 10 people deep.

"I think she has been an ever-constant in my life. She was the queen I was born under, and she has always been there," said Angus Ruthven, a 54-year-old civil servant from Edinburgh. "I think it is going to take a lot of adjusting that she is not here."

Silence fell on the packed Royal Mile in Edinburgh as the hearse carrying the queen arrived. But as the convoy vanished from view, the crowd spontaneously started clapping.

"A very historic moment. I am quite speechless actually," said Fiona Mof-fat, a 57-year-old office manager from Glasgow. "She was a lovely lady. Great mother, grandmother. She did well. I am



The hearse carrying the coffin of Queen Elizabeth II, draped with the Royal Standard of Scotland, passes the City Chambers on the Royal Mile, Edinburgh, Sunday, Sept. 11, 2022 on the journey from Balmoral to the Palace of Holyroodhouse in Edinburgh, where it will lie in rest for a day. (Jane Barlow/Pool Photo via AP)

very proud of her."

When the hearse reached Holyroodhouse, members of the Royal Regiment of Scotland, wearing green tartan kilts, carried the coffin past the queen's youngest three children — Princess Anne, Prince Andrew and Prince Edward — into the throne room, where it was to remain until Monday afternoon so staff can pay their last respects.

King Charles III and his Queen Consort Camilla will travel Monday to Edinburgh to join another solemn procession that takes the queen's coffin to St. Giles Cathedral on the city's Royal Mile. There the coffin will remain for 24 hours so the Scottish public can pay their respects before it is flown to London on Tuesday. The first village the cortege passed through was Ballater, where residents regard the royal family as neighbours. Hundreds of people watched in silence. Some threw flowers in front of the hearse.

"She meant such a lot to people in this area. People were crying, it was amazing to see," said Victoria Pacheco, a guest house manager.

In each Scottish town and village, the entourage was met with respect. People stood mostly in silence; some clapped politely, others pointed their phone cameras at the passing cars. In Aberdeenshire, farmers lined the route with an honour guard of tractors.

Along the route, the cortege passed through locations laden with House of Windsor history. Those included Dyce, where in 1975 the queen formally opened the U.K.'s first North Sea oil pipeline, and Fife, near St. Andrews University, where her grandson Prince William, now the Prince of Wales, studied and met his future wife, Catherine.

Sunday's solemn drive came as the queen's eldest son was formally proclaimed the new monarch — King Charles III — in the rest of the United Kingdom: Scotland, Wales and Northern Ireland. It came a day after a pomp-filled accession ceremony in England.

"I am deeply aware of this great inheritance and of the duties and heavy responsibilities of sovereignty, which have now passed to me," Charles said Saturday.

Russia hits power stations after Ukraine counteroffensive

AP — Russia attacked power stations and other infrastructure Sunday, causing widespread outages across Ukraine as Kyiv's forces pressed a swift counteroffensive that has driven Moscow's troops from swaths of territory it had occupied in the northeast.

The bombardment ignited a massive fire at a power station on Kharkiv's western outskirts and killed at least one person. President Volodymyr Zelenskyy denounced the "deliberate and cynical missile strikes" against civilian targets as acts of terrorism.

Ukraine's second-largest city of Kharkiv appeared to be without power Sunday night. Cars drove through darkened streets, and the few pedestrians used flashlights or mobile phones to light their way.

Separately, the Zaporizhzhia Nuclear Power Plant in the Russia-occupied south completely shut down in a bid to prevent a radiation disaster as fighting raged nearby.

Kyiv's action in recent days to reclaim Russia-occupied areas in the Kharkiv region forced Moscow to withdraw its troops to prevent them from being surrounded, leaving behind significant numbers of weapons and munitions in a hasty flight as the war marked its 200th day on



Ukrainian State Emergency Service firefighters put out a fire after a Russian rocket attack hit an electric power station in Kharkiv, Ukraine, Sunday, Sept. 11, 2022. The Kharkiv and Donetsk regions are completely without power due to the rocket attack. (AP Photo/Kostiantyn Liberov)

Sunday.

Ukraine's military chief, Gen. Valerii Zaluzhnyi, said its forces had recaptured about 3,000 square kilometres (1,160 square miles) since the counteroffensive began in early September. He said Ukrainian troops are only 50 kilometres (about 30 miles) from the Russian border.

One battalion shared a video of Ukrainian forces in front of a municipal building in Hoptivka, a village just over a mile from the border and about 19 kilometres (12 miles) north of Kharkiv.

Kharkiv Gov. Oleh Syniehubov said Ukrainian troops have reclaimed control of more than 40 settle-

ments in the region.

In Sunday night's missile attacks by Russia, the Kharkiv and Donetsk regions seemed to bear the brunt. Dnipropetrovsk, Zaporizhzhia and Sumy had only partially lost power, Zelenskyy said.

Kharkiv Mayor Igor Terekhov called the power outage "revenge by the Russian aggressor for the successes of our army at the front, in particular, in the Kharkiv region."

Ukrainian officials said Russia hit Kharkiv TEC-5, the country's second-biggest heat and power plant, and Zelenskyy posted a video of the Kharkiv power plant on fire.

"Russian terrorists remain terrorists and attack critical infrastructure. No military facilities, only the goal of leaving people without light and heat," he tweeted,

But Zelenskyy remained defiant despite the attacks. Addressing Russia, he added: "Do you still think you can intimidate, break us, force us to make concessions? ... Cold, hunger, darkness and thirst for us are not as scary and deadly as your 'friendship and brotherhood.' But history will put everything in place. And we will be with gas, lights, water and food ... and WITH-OUT you!"

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Three dead after 7.6 quake hits remote part of Papua New Guinea



Debris lies strewn across the floor in the kitchen of Renagi Ravu's house in the town of Kainantu, following a strong earthquake in northeastern Papua New Guinea, Sunday Sept. 11, 2022. The U.S. Geological Survey has detected a 7.6-magnitude earthquake in northeastern Papua New Guinea. (Renagi Ravu via AP)

AP - At least three people are dead after a powerful earthquake hit a remote part of Papua New Guinea Sunday morning, authorities say. Others were injured and infrastructure damaged in the magnitude 7.6 jolt that was felt across the Pacific country.

The three people died in a landslide in the gold-mining town of Wau, said Morobe Provincial Disaster Director Charley Masange. Other people had been injured from falling structures or debris, and there was damage to some health centres, homes, rural roads and highways, Masange told The Associated Press.

Masange said it could take some time to assess the full extent of the injuries and damage in the region. But he said the sparse and scattered pop-

ulation and lack of large buildings near the epicentre in the nation's largely undeveloped highlands may have helped prevent a bigger disaster, given the earthquake was so strong.

A magnitude 7.5 earthquake in 2018 in the nation's central region killed at least 125 people. That quake hit areas that are remote and undeveloped, and assessments about the scale of the damage and injuries were slow to filter out.

Felix Taranu, a seismologist at the Geophysical Observatory in the capital Port Moresby, said it was too early to know the full impacts of Sunday's earthquake, although its strength meant it "most likely caused considerable damage."

According to the U.S. Geological Survey, the quake hit at 9:46 a.m. local time at a depth of 90 kilometres (56 miles). NOAA advised there was no tsunami threat for the region.

Papua New Guinea is located on the eastern half of the island of New Guinea, to the east of Indonesia and north of eastern Australia. It sits on the Pacific's "Ring of Fire," the arc of seismic faults around the Pacific Ocean where much of the world's earthquakes and volcanic activity occurs.

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Later in the evening some power had been restored in some regions. None of the outages were believed to be related to the shutdown of the reactors at the Zaporizhzhia plant.

While most attention focused on the counteroffensive, Ukraine's nuclear energy operator said the Zaporizhzhia nuclear power plant, Europe's largest, was reconnected to Ukraine's electricity grid, allowing engineers to shut down its last operational reactor to safeguard it amid the fighting.

The plant, one of the 10 biggest atomic power stations in the world, has been occupied by Russian forces since the early

days of the war. Ukraine and Russia have traded blame for shelling around it.

Since a Sept. 5 fire caused by shelling knocked the plant off transmission lines, the reactor was powering crucial safety equipment in so-called "island mode" — an unreliable regime that left the plant increasingly vulnerable to a potential nuclear accident.

The International Atomic Energy Agency, the U.N. nuclear watchdog that has two experts at the site, welcomed the restoration of external power. But IAEA Director-General Rafael Grossi said he is "gravely concerned about the situation at the plant, which remains in danger as long as any shelling continues."

Rovman Powell: 'Stuck through tough times' against spin to play 'one of my better knocks' in the CPL

CricInfo – Jamaica Tallawahs captain Rovman Powell has toasted his match-winning 38-ball 44 not out against Guyana Amazon Warriors, calling it one of his "better knocks" in the CPL.

After rain and wet outfield delayed the start of the game and spiced up the St Kitts pitch, the spinners found sharp turn and bounce, even with the new ball. Amazon Warriors had a trio of spinners - Tabraiz Shamsi, Imran Tahir and Gudakesh Motie - in their ranks but Powell trusted his defence and calmly played them out. He managed all of 8 off 24 balls against spin but tore into the extra pace of Odean Smith and Romario Shepherd, smashing them for 36 off 14 balls to help Tallawahs chase down 143 with four wickets and four balls to spare.

"To be honest, it's one of my better knocks in the CPL," Powell said. "I always have ambitions to finish games for my team and to do it in that match gave me a pleasing feeling. I stuck through the tough times - [it's] something I wanted to do - and then you earn the right to dominate at the end. I think I did that well in that game."

Powell credited Robert Samuels, the elder brother of Marlon, for instilling in

him the belief that he could expand his game against spin, which had been his weakness in the past. Lately, Powell has been more confident to sweep and use his feet against spin, which has opened up other options for him.

"The good thing is Robert Samuels has known me from [since] I was a child," Powell said. "He has been my coach for a very long time now. I realised at the international level that I had a little bit of problem with spin and all these days he sat down with me and gave me better options in playing spin. Just tells me to continue to trust myself and trust my defence because a lot of times that is our downfall."

"When the spin gets on top of us, as big-hitters or as batters, we don't trust our defence or technique. If we can do that long enough... and as I said, he gave me more options in dealing with spin and those options seem to be working so far. So, hopefully more conversations with Robert and working with him will provide [even] more options and help me during the course of my career."

These are still early days in the CPL, but there are already signs that this could be a highly competitive season. All sides are on the board now and on Thursday defending cham-



'I always have ambitions to finish games for my team and to do it that match gave me a pleasing feeling' [CPL T20/Getty Images]

pions St Kitts & Nevis Patriots stormed back into contention by becoming the first team to successfully chase down more than 20 runs in the last over of the CPL.

"Yeah, definitely [this is a very competitive season]. When you look at all the teams - the composition of all the teams - they're evenly matched," Powell said.

"It boils down to team performances on the day and that is what cricket is all about. [In the] years gone by in the CPL, we've had teams that are so much better than others, so people know the result of the game sometimes before you even play the game. This year provides something different not just for the players but also for the fans. So, it's pretty good."

Powell also delivered a glowing appraisal of seamer Nicholson Gordon who has brought some zip and

energy to Tallawahs' attack with his hard lengths and celebrations. Gordon, 30, made his CPL debut this season and has emerged as an unlikely hero for Tallawahs after impressing in the 6ixty, where he was the joint-highest wicket-taker, with six strikes in three games.

"It [Gordon's progress] is very good," Powell said. "That is why we sat down as a franchise and decided to get him in. He's our wicket-taker; sometimes he will go for a little bit of runs, but he's always one that is going to give you wickets. In T20 cricket, wickets are important. Over the years he has been consistent playing for Jamaica and when he gets his chance for A team cricket, he will do well also. It's just due reward for the hard work that he has put in and coming to the Tallawahs now all that hard work is bearing fruit for him."

Sports News



Royals extend unbeaten start with win

The Barbados Royals secured their fifth straight victory of the 2022 Hero Caribbean Premier League (CPL) season with a win over Jamaica Tallawahs by eight wickets.

The Barbados Royals won the toss and chose to field, getting off to a dream start by removing opener Brandon King for a duck. However, once again it was captain Rovman Powell who took charge for the Tallawahs, scoring his second successive half century to take his side to 153/7 after 20 overs.

In their chase, Barbados Royals bounced back after the early dismissal of Kyle Mayers with their South African contingent of Quinton de Kock, Corbin Bosch and



captain David Miller combining across the innings to guide the side to victory by eight wickets.

Jamaica Tallawahs lost King in the first over as Mayers demonstrated his ability with the ball. Amir Jangoo and Powell formed a 57-run partnership that was supported by some power

hitting later on from Raymon Reifer and Fabian Allen. West Indies fast bowler Obed McCoy was the stand out bowler for the Royals, taking 3 wickets for 24 runs as the Tallawahs finished on 153/7.

Barbados Royals were in early trouble in their chase as opener Mayers

was dismissed in the second over, but a magnificent partnership of 117 runs between de Kock and Bosch stifled the Tallawah bowlers. Once Bosch lost his wicket, Miller came in and scored 16 runs off 8 balls in a nervy finish to take his side across the line with just one ball to spare.

The win means Barbados Royals maintain their unbeaten start to the season and retain their spot at the top of the league table, while Jamaica Tallawahs remain second.

Barbados Royals 157/2 (de Kock 64*, Bosch 56 ; Green 1/24, Amir 1/26) beat Jamaica Tallawahs 156/8 (Powell 52, Reifer 41; McCoy 3/24, Holder 2/24) by 8 wickets

Juventus snatch late equaliser and have two sent off

BBC - Juventus scored a dramatic equaliser, had another goal ruled out by the video assistant referee and had two players sent off in an incredible finish to their draw with Salernitana.

Salernitana led 2-0 at half-time through Antonio Candreva's volley and Krzysztof Piatek's penalty.

But Bremer headed one back and Leonardo Bonucci equalised in the 93rd minute after his penalty had been saved.

Arkadiusz Milik thought he had scored a 95th-minute winner but it was offside.

Milik, who had already been booked, took his shirt off in celebration and was sent off.

While Juventus celebrated what



Leonardo Bonucci converted a 93rd-minute equaliser for Juventus with a rebound after Salernitana goalkeeper Luigi Sepe had saved his penalty

they thought was the winning goal, it was announced it would be checked with Salernitana's Federico Fazio by the VAR official.

That sparked an on-pitch brawl, **cont'd on pg 25**

'One for the good guys' – Shane Lowry on beating LIV players

BBC - Ireland's Shane Lowry said his victory over a BMW PGA Championship field featuring several LIV Golf Series players was "one for the good guys".

Lowry, 35, birdied the 18th to beat Jon Rahm and Rory McIlroy by one stroke.

Spain's Rahm played the last 10 holes in nine under in a 62 but Lowry birdied 18 to sign for a 65 while McIlroy failed with a putt to force a play-off.

One of the 18 Saudi Arabian-backed LIV Golf players competing, American Talor Gooch, shot a 67 to take fourth place.

Lowry said at the start of a week that began with much talk about the LIV Golf players being able to compete that he "can't stand" them being in the field.

The former Open champion reiterated his feelings after his victory at Went-

worth, saying: "I made no secret how I feel about the whole thing.

"I wanted to go and win the tournament for myself and those who have stayed loyal and done everything for the tour. This is one for the good guys."

The event in Surrey was suspended on Thursday evening following the death of Queen Elizabeth II, the UK's longest-serving monarch.

Players, caddies and officials paid tribute to the Queen with a two-minute silence when play resumed on Saturday, with the tournament reduced to 54 holes.

It was Lowry who finished at the top of a high-class leaderboard in the DP World Tour's flagship event as he claimed his first win since the 2019 Open.

He told Sky Sports: "I am the happiest man in the world. It means a lot to win, it has been a good year, I



Shane Lowry

have been close a few times and I really wanted to win one.

"This one was right at the top of the list, I love it here and contended in the past. The bad shots over the years started creeping into my head, but I am so happy.

"I got to 16 [Rahm's score] then had to worry

about Rory behind me, who can do anything on the last few holes. I am playing the best golf of my life."

Like Lowry, McIlroy has also been a staunch opponent of LIV Golf and said in the lead-up to the tournament that competing against players from the breakaway would be "hard for me to stomach".

On the course it was almost the perfect response from the FedEx champion but an eagle and four birdies in a final round that saw him hit several poor iron shots were not enough for the four-time major winner to win a sixth event of his season.

He had a good chance to eagle the 18th and tie Lowry but his putt missed by a couple of millimetres.

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and Juventus' Juan Cuadrado both shown straight red cards, while Juventus manager Massimiliano Allegri was also dismissed.

Milik was not offside but the third goal was ruled out as Bonucci, who tried to head the ball into the net but failed to make contact, was judged offside.

Salernitana finished just one point above the relegation zone last season and were moments away from their first away top-flight success against Juventus.

Although Juventus salvaged a draw that avoided a first defeat in Serie A this

season, the point means they sit a lowly eighth in the table.

Allegri's side have now not won in three matches and this draw came five days after they began their Champions League group phase with a 2-1 defeat by Paris St-Germain.

The Turin club have finished fourth in the past two Serie A campaigns after being Italian champions nine successive seasons before that.

They next play Benfica in their second Champions League match on Wednesday at the Allianz Stadium.

Sports News



Italian Grand Prix: Max Verstappen wins after late safety car

AP – Red Bull's Max Verstappen inflicted a home defeat on Charles Leclerc and Ferrari in the Italian Grand Prix to continue his cruise to a second world title.

The Dutchman beat Leclerc after the Italian team tried a questionable two-stop strategy, surrendering the lead to the reigning champion twice on track.

Verstappen's 11th win this year puts him 116 points clear of Leclerc and means he could potentially clinch the championship at the next race in Singapore.

Mercedes' George Russell took third, ahead of the Ferrari of Carlos Sainz and Lewis Hamilton's Mercedes, both of whom fought up from the back of the grid.

Verstappen drove another consummate race, moving up quickly from seventh on the grid after a penalty for excessive engine usage to be second after five laps.

He edged closer to Leclerc until a virtual safety car was deployed on lap 12 when Sebastian Vettel's Aston Martin broke down on track.

Ferrari decided to gamble on a stop, hoping to benefit from the time saved from doing so under caution, although they stopped as the VSC was ending so did not gain all of it.

Verstappen, though,



ran his planned race and did not come in for his stop for tyres until lap 25.

Verstappen came out 10 seconds adrift of Leclerc and soon began to close on the Ferrari. Within seven laps, he had receded the lead to just over five seconds and looked certain to catch and pass Leclerc.

But Ferrari called Leclerc in again on lap 33, changing to soft tyres, hoping to close on Verstappen over the remaining 18 laps.

But he came out 20 seconds behind and made little progress before a full safety car was deployed with five laps to go when Daniel Ricciardo's McLaren broke down with an engine problem and stopped at the Lesmo corners.

Everyone bar Hamilton pitted for fresh tyres but officials ran out of time to restart the race, and it finished under the safety car.

Ferrari were questioned about their strategy after the race but team boss Mattia Binotto said they had not made a mistake and that Verstappen was so fast he would have won anyway. Red Bull's Christian Horner said they would have stopped under the VSC if Leclerc had not.

There will be questions as to why the safety car initially picked up Russell rather than Verstappen, why it took so long to run through the procedures required to restart the race, and why officials could not have red-flagged the race

and gone for a re-start and short sprint to the flag.

To clinch the title, Verstappen needs to leave Singapore in three weeks' time leading by at least 138 points.

That means he would need to win the race with Leclerc retiring to become champion there.

The first of those events seems almost inevitable as Verstappen has taken total control of this season and he and Red Bull have established such an advantage that they seem to be almost unbeatable.

But Leclerc would be fancied to finish on the podium on a track that should suit Ferrari, assuming he does not run into technical problems.

Premier League teams enter knockout Cup in second round draw

The Antigua and Barbuda Football Association (ABFA) has made the draw for the second round of matches in its Joma Caribbean Cool and Smooth Knockout Cup competition.

The draw, which included the teams in the premier division, was conducted at the ABFA's Training Center at Paynters on Saturday afternoon.

Liberta, who won the title in 2018/19, which was the last fully completed Premier Division league, will face fellow villagers Garden Stars in a community derby in one of the 16 second-round match-ups that are due to commence this weekend.

Thirteen-time Premier League champions Empire will meet Bendals FC, Greenbay Hoppers will tackle Potters Tigers and Old Road will oppose West Ham FC.

In other second round match-ups, Grenades, who were leading the 2019/20 Premier Division League when it was suspended on 12th March, 2020, due to concerns about the Covid-19 Pandemic, will meet Green City FC.

Pigotts Bullets will take on Attacking Saints, Ototos Rangers will challenge Mahico Stars, while former

premier league champions Parham and English Harbour will clash in what promises to be a keenly contested second-round affair.

Current premier league contenders Five Islands will take on former top flight challenger Jennings in another mouth-watering second round tie.

But the other current premier league teams, Swetes FC and All Saints United,

have both gotten what appears to be favourable second-round ties.

Swetes FC will meet FC Master Ballers and All Saints United will face Real Blizzard FC.

Former premier league contenders Willikies FC will meet Bolans FC and Young Warriors will clash with former premier league champions FC Aston Villa.

Two other second-round

match-ups will feature former premier league contenders Tryum FC and SAP FC taking on Fort Road FC and Police FC respectively.

Cedar Grove Blue Jays will clash with John Hughes Sports Club in the other second-round tie.

The last four teams to advance to the second round of the Knockout Cup were decided last week.

cont'd on pg 28



UPDATED SCHEDULE

SCHEDULE UPDATE
TYPHOON EXPRESS

MONDAY
(FROM ST. JOHN'S)

AB 3:45 PM

OVERNIGHT IN BARBUDA

TUESDAY

BA 6:00AM

WEDNESDAY & FRIDAY
(CRABBS DEPARTURE)

AB 10:00AM
BA 3:00PM

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Sports News



cont'd from pg 27

English Harbour FC, John Hughes Sports Club, Bendals FC and Police FC booked their spots by overcoming their respective opponents in their first-round matches at the ABFA's Technical Center at Paynters.

English Harbour prevailed 8-7 on penalties against Blackburn Palace FC in the first game of a double-header last Wednesday.

The game was decided by penalties after both teams had battled to a 3-3 draw at the end of regulation. Daneel

Hopkins scored in the 10th minute to give Blackburn Palace a 1-0 lead. But English Harbour drew level when Jahi Bailey scored his team's equalizer in the 21st minute.

Palace took the lead once more when Dale Burton found the back of the net in the 31st minute.

But Wayne Phillip snatched an equalizer for English Harbour in the 36th minute to make the score level 2-2 at halftime.

Blackburn Palace took the lead for the third time of the match via a Brandon

Broodie own goal in the 67th minute. But once again, English Harbour snatched the equalizer when Shamoy Rhodes scored in the 84th minute to send the game into penalty kicks from which his team prevailed.

John Hughes scored two goals in the second half to defeat Glanvilles FC 2-0 in the feature game of Wednesday's double-header.

Following a goalless first half, Ikah Codrington scored in the 72nd minute and Bradley Donals netted in the third minute of added-on time (90+3) to seal John Hughes' victory.

Bendals FC hammered Pares FC 6-0 on Thursday. Ken Murray scored a brace with goals in the 50th and

70th minute. Alva Guishard had opened the scoring with a 37th minute conversion to give Bendals a 1-0 halftime lead.

Rajell Parchment then scored in the 68th minute, Jahbendigo Jacobs netted in the 83rd minute and Darren Steven completed his team's scoring with a 90th minute conversion.

Nijah Hope scored a hat-trick to propel Police to an emphatic 5-0 victory over Sea View Farm on Friday night.

Hope scored in the 20th, 38th, and 85th minute after a Jeusen Samuel's 12th minute strike had given Police a 1-0 lead. Kiuivert Ferdinand scored the other goal for Police in the 28th minute.

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Warriors Cup set to make a return this month

Following a three-year absence mainly due to the Covid-19 Pandemic, the Warriors Cup is set to return at the Mack Pond playing field in All Saints Village this month.

The Warriors Cup, which is organized by the Young Warriors Football Club and was last staged in the latter part of 2018, is likely to feature six teams in the competition during this coming weekend of 16th to 18th September.

President of the Young Warriors Football Club, Colin "Tin Tin" James said three teams have already been confirmed for the competition and invitations have been extended to three other teams to participate.

Among the confirmed teams are Hot Springs Bath United of Nevis, defending champions John Hughes and host Yung Warriors FC.

James said invitations have also been extended to All Saints United, Old Road FC and Attacking



Saints FC.

James said Bath United's visit to Antigua and Barbuda is a reciprocal one after Young Warriors and All Saints Pythons Cricket Club made a goodwill tour to St. Kitts and Nevis during this year's Easter holidays from 14th to 19th April to play a series of matches.

During Young Warriors trip to St. Kitts and Nevis in April, they participated in a four-team contest called "Shake the Net" that also featured Bath United and

Newtown United of Nevis along with Cayon United of St. Kitts, who eventually won the tournament.

James said Bath United was hoping to play in a similar four-team contest on their visit to Antigua and Barbuda, but Young Warriors decided to put on a six-team Warriors Cup to facilitate some other local teams who had expressed a keen interest to participate in the event.

James also said Young Warriors were initially planning to stage this year's Warriors Cup in November, but decided to bring it forward to September to facilitate Bath United's visit to Antigua and Barbuda.

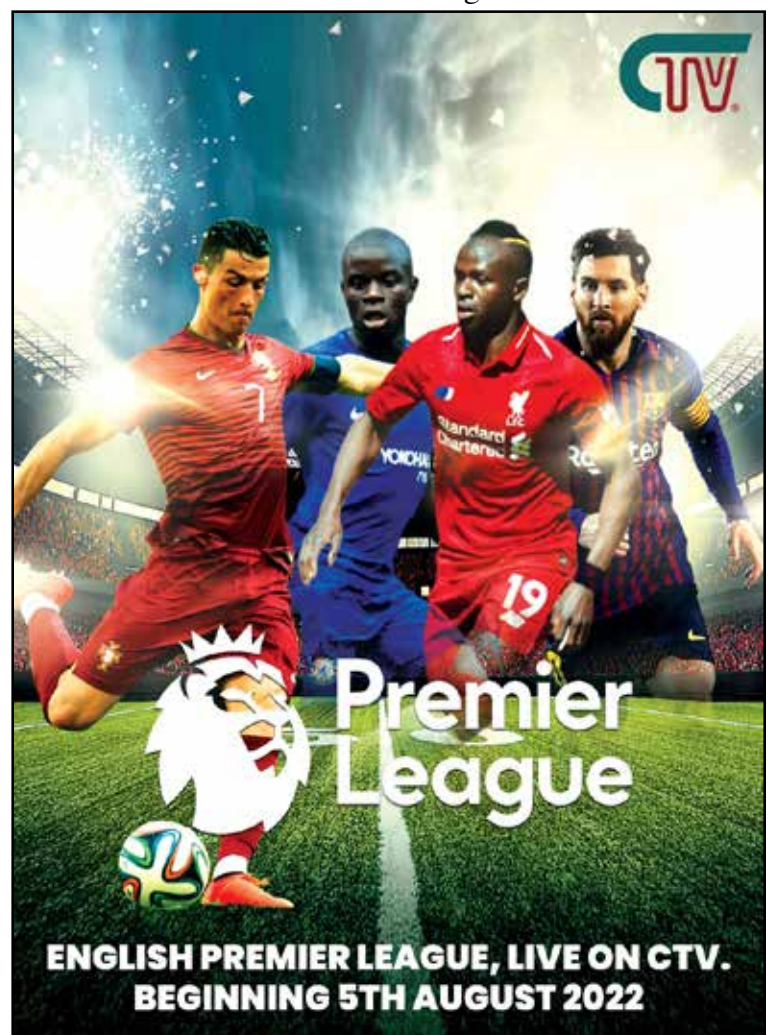
cont'd from pg 30
bowl off at the Sir Vivian Richards Cricket Stadium this weekend.

The West Indies women and New Zealand will clash in their opening game of a three-match One-Day International (ODI) Series on Friday, 16th September. The second and third ODIs are slated for the 19th and

22nd September respectively.

The teams will also battle in the first game of a five-match T20 series in Antigua and Barbuda on 26 September.

T20 International matches will also be contested on 28 September and the 1st, 4th and the 6th of October.



ABCA squad to face Windies women in practice match

Several players who have represented the Leeward Islands at various levels in this year's Cricket West Indies (CWI) male and female regional competitions have been named in a 14-member Antigua and Barbuda Cricket Association's (ABCA) squad to face the West Indies women's team in a warm-up match tomorrow, Tuesday, 13th September.

The ABCA squad, which was selected for the 50 overs aside practice match that is due to start at 9:30 am at the Sir Vivian Richards Cricket Grounds, includes Kimberley Anthony.

Anthony performed duties as vice-captain of the Leeward Islands team at this year's CWI Under-19 Women's T20 Championship in Trinidad and Tobago from 5th to 14th July.

She was also named as a reserve player for the senior Leeward Islands team for the CWI's CG Insurance Super 50 and T20 Blaze Tournament, which was staged in Guyana from 7th June to 26th June.

Amanda Edwards and Tonya Martin, two players that represented the senior Leeward Islands team at the CWI's CG Insurance Super 50 and T20 Blaze Tournament in Guyana, are also selected in the ABCA squad.

Two other female players Naomi Bellot and Britney Hector are also included.

Three players that represented the Leeward Islands, which cap-



Leeward Islands women's player Amanda Edwards

tured this year's CWI Rising Stars Under-19 Boys Championship in St. Vincent and the Grenadines from 10th to 27th August, are also included in the ABCA squad.

They are Leewards Under-19 vice-captain and middle-order batsman Michael Greaves of PIC Insurance Liberta Black Hawks, fellow Liberta team mate and batsman Tarek Charles, along with opener Malique Walsh of Pigotts Crushers.

Two other players of Liberta Black Hawks that represented the Leeward Islands in this year's CWI Rising Stars Under-17 Boys Championship, which was held in Trinidad and Tobago from 19th to 28th July, are also named in the ABCA squad.

They are opener Brent Joseph and all-rounder Wilden Cornwall Jr.



Leeward Islands women's player Tonya Martin. (Photos courtesy LICB)

All Saints Pythons off-spinner Dimitri Lucas, who was a reserve player for this year's Leeward Islands Under-19s, and Empire Nation's medium pacer Ajahrie Joseph are also selected.

Lucas and Joseph also represented the Antigua and Barbuda Combined Schools on a goodwill tour to Dominica where they played the Dominica Combined Schools in a series of 40 overs and T20 matches from 12th to 27th August.

The other two players selected in the ABCA squad are Melique Jacobs and George Elvin.

Tomorrow's practice match is part of the West Indies women team's preparation for an eight-match home series against New Zealand that will

cont'd on pg 29